## STAY HEALTHY, HUSKIES

Take these steps to help prevent the spread of respiratory illness, including COVID-19.



## **Get vaccinated**.

Staying up to date on flu and COVID-19 vaccines is highly recommended.



Wear a mask when returning to campus after being sick or when you have respiratory virus symptoms.



If you're sick, stay home.



if you were exposed to **COVID-19 in the workplace** 

or through job-related activities.



soap and water for at least **20 seconds**. If water's not available, use **hand sanitizer** with at least 60% alcohol.



Avoia toucning your eyes, nose or mouth with unwashed hands.



For more info: ehs.washington.edu Contact Environmental Health & Safety: ehsdept@uw.edu



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activities.

Fill out an OARS report if you were exposed to COVID-19 in the workplace or through job-related



**Wash hands** often with soap and water for at least **20 seconds**. If water's not available, use **hand sanitizer** with at least 60% alcohol.



**Avoid touching your eyes, nose or mouth** with unwashed hands.



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